
FARNHAM TOWN FOOTBALL CLUB

YOUTH



FOR
ALL

CHAMPIONING COMMUNITY FOOTBALL

“Farnham Town Football Club wants to be known for developing good football players, on and off the pitch. We strive to create a positive, challenging, and enjoyable environment which provides the players with the freedom to express themselves and develop in line with the FA Four Corner Model.”

**A CLUB
THAT'S**

GOING

PLACES



CODES OF CONDUCT

We take our responsibility as role models for the children very seriously. We insist on high standards of behaviour for everyone involved with the club.

Our players should be respectful, encouraging, and kind – whatever the situation. All coaches, volunteers, and parents involved need to be aware of their influential role in the club and act accordingly.

FOR PLAYERS TO ENJOY AND TAKE PART IN FOOTBALL, WE WILL ENSURE THEY ARE ENCOURAGED TO:

- Form relationships and work together
- Develop their skills and improve over time
- Be able to take part whatever their ability
- Appreciate and demonstrate a good sporting attitude
- Understand the laws of the game
- Be listened to and valued
- Develop personal skills in key areas: technical, psychological, physical and social
- Be positive about themselves and others

OUR 4 CORNER MODEL

HAVE FUN

We value challenges and competition. But we never lose sight of what football is really about: having fun.

BUILD UNITY

We want to develop individual skills and character. But working together, for the benefit of the team, is what's most important.

FAIRNESS

We want to play hard and compete. But we always respect the laws of the game, our teammates, and the opposition.

COMMUNITY

We want to develop better people and better players. But at the heart of everything we do are our friends and family at the club.



The FA Charter Standard accreditation is for clubs who can be proud to provide places where people want to play. These are the clubs that demonstrate they offer well-run and sustainable football. Clubs which achieve The FA Charter Standard status are proud to prioritise qualified coaching and safeguarding as well as the values of The FA's Respect campaign as part of their game. Not only does our accreditation mean that we're doing the right things, both on and off the pitch, but it also reassures parents that you and your children are in safe hands.

**PROUD TO MAINTAIN
CHARTER STANDARD**

CURRENT TEAMS

Mini Monsters

6 x U7 teams

8 x U8 teams

6 x U9 teams

8 x U10 teams

4 x U11 teams

2 x U12 teams

6 x U13 teams

5 x U14 teams

4 X U15 teams

4 x U16 teams

1 x U17 teams

2 x U18 teams

CURRENT VENUES

Grass Pitches

- Monkton Lane
- Farnham Heathend
- Rowhills
- Hale Rec
- Traco
- Rowledge
- St Peters School

Training

- Weydon
- Farnham Heathend
- St Josephs
- Alderwood
- Ash Manor
- Aldershot Lido
- David Lloyd



Farnham United Football Club (google.com)

CHELSEA FOOTBALL

FOUNDATION

The screenshot shows a Google Classroom interface for 'Chelsea Football Club'. At the top, there are navigation tabs for 'Stream', 'Classwork', 'People', and 'Grades'. Below the navigation is a header with the Chelsea logo and the text 'Farnham United Football Club'. A 'Customize' button is visible in the top right. On the left side, there is a 'Class code' box displaying 'x6rtub' and a QR code. Below that is an 'Upcoming' section stating 'No work due soon' with a 'View all' link. The main content area shows a post from 'Lewis Bayly' dated 'Dec 12, 2021'. The post starts with 'Hi all,' and 'Hope we are all well and looking forward to Christmas.' It then discusses session planning for a 2-week break, mentioning 'Chelsea & Farnham United session planning' and providing a list of activities: '- Movement games + Ball manipulation activities - max 5 mins each or 10 mins overall.', '- 1 technical practice - 15mins including progressions', and '- 1 opposed practice - 15 mins including progressions'.

- Provides coaches for our Mini Monster sessions.
- Provide a online CPD platform for our coaches to use.
- Provides practical CPD sessions for our coaches and Managers.
- Creates technical coaches documents for distribution.
- Oversees coaching strategies and presents new techniques and advise.
- Holiday Camps

Farnham Town SAINTS FC

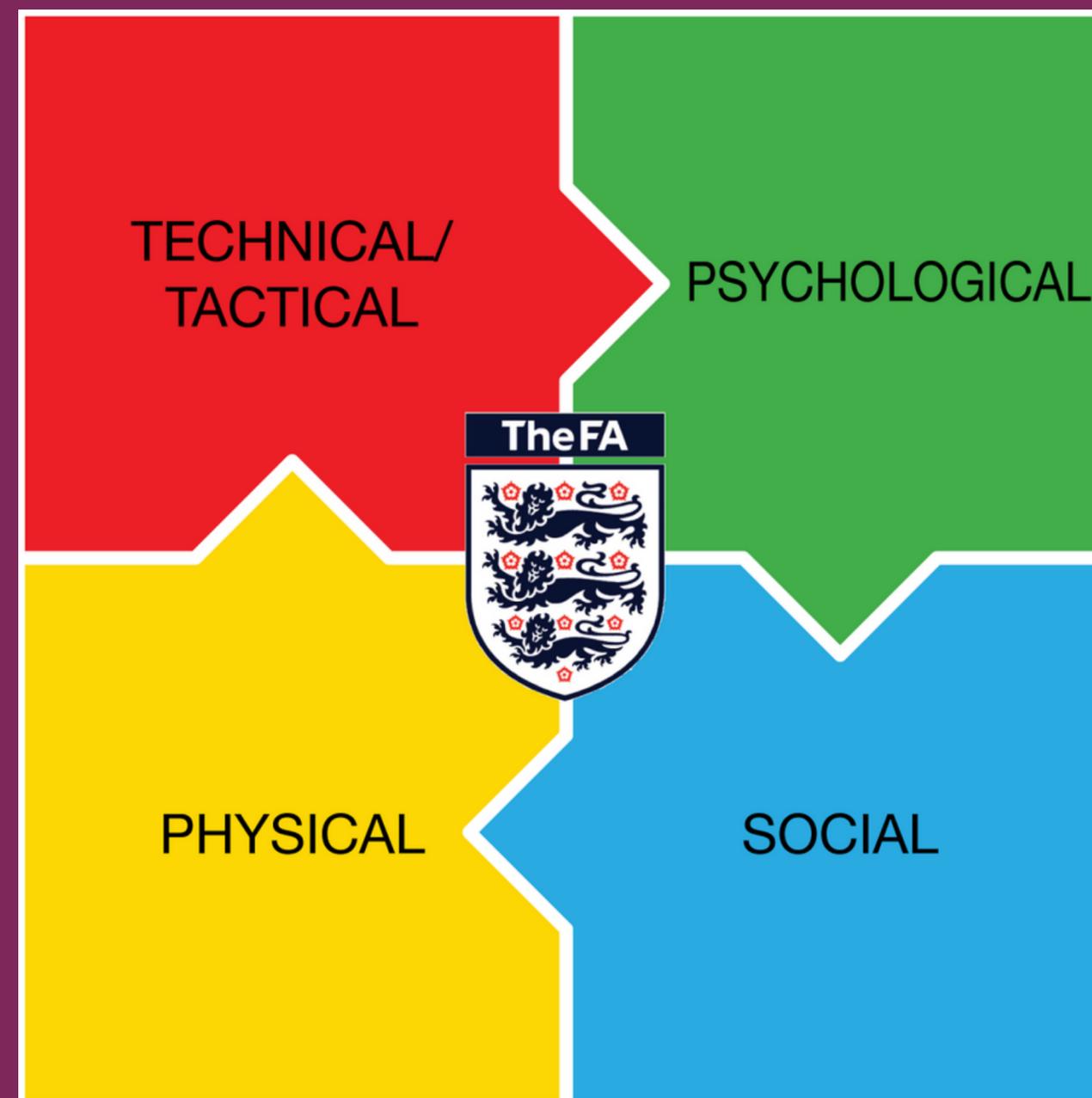


The MSport Active Farnham Town SAINTS FC coaching staff deliver a vibrant “football for all” programme focusing on enabling young people with a wide range of disabilities and/or learning difficulties, to participate in organised footballing activities. We organise weekly coaching sessions which allow all participants to be ACTIVE and gives everyone a chance to play football.

SOCIAL NETWORK



Farnham Town Youth Football Club aspires to be known for developing good football players, on and off the pitch. We strive to create a positive, challenging, and enjoyable environment which provides the players with the freedom to express themselves and develop in line with the FA Four Corner Model.



TECHNICAL INFORMATION

MINI MONSTERS - FUNDAMENTAL

- Fun, engaging, enjoyable, build love for the game and the desire to play
- Learning how the environment works, becoming familiar with the set up
- Basics of learning, listening, behavioural expectations
- Technical understanding, including shooting, passing, defending, tackling and match play
- Movement, including co-ordination, jumping and landing, running and direction

FOUNDATION

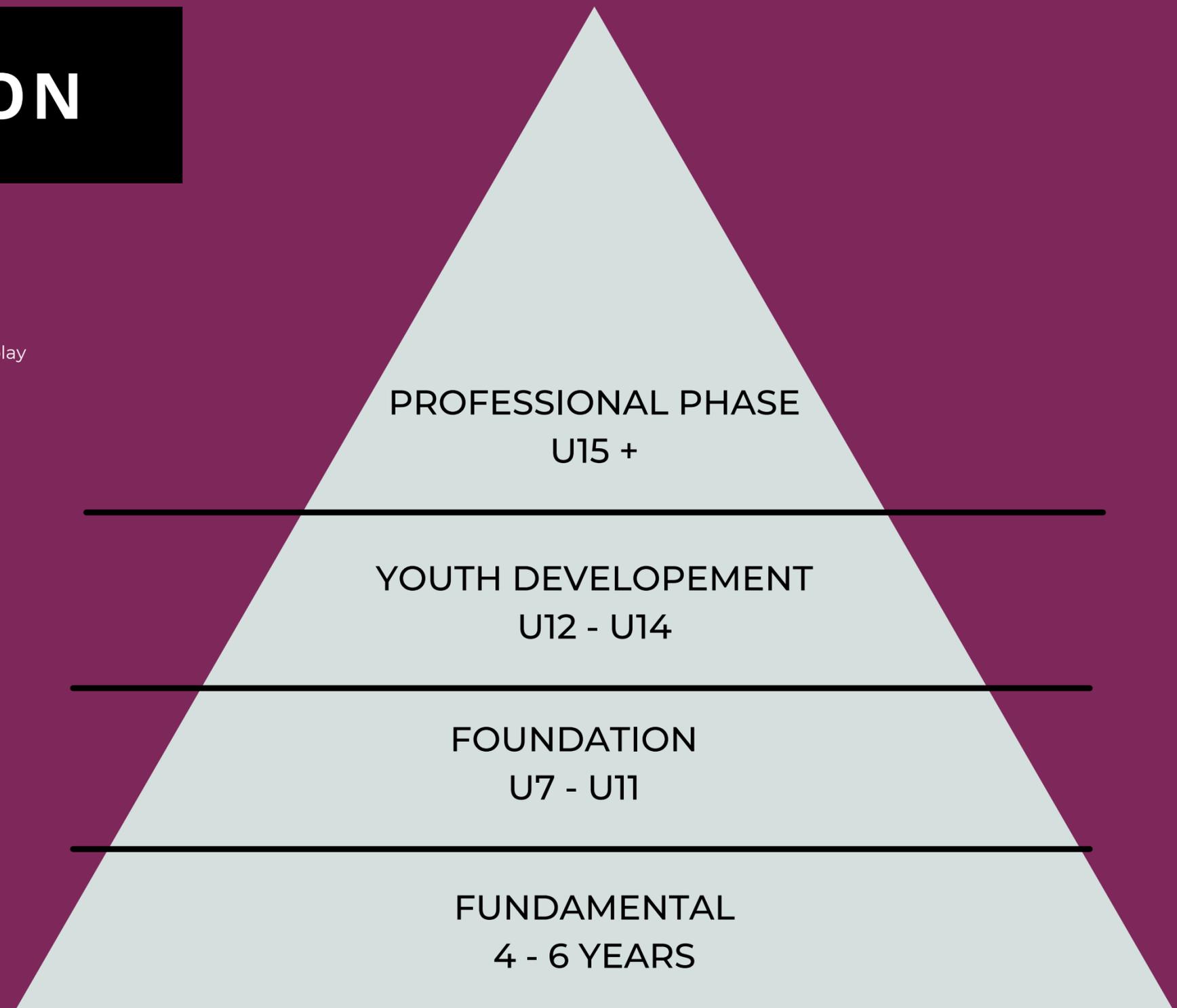
- Training and playing for the want to develop and improve
- Enjoyable learning environment and understanding team dynamics
- Building individuals' skills but for a team benefit
- Equal game time and experience in different positions and situations
- Focus on technical details and learn and encourage practice
- Help understand game knowledge, such as transitions
- Connect and combine to play together

YOUTH DEVELOPMENT

- Training to be competitive
- Grow personalities and aspects beneficial to individuals
- Tactical understanding to increase
- Relating to FA Four Corner model to create well-rounded people
- Higher game understanding
- Correlation between fun and competing
- Application of techniques to execute tactical concepts

PROFESSIONAL PHASE

- Team comes first
- Development of game understanding
- Use of match scenarios
- Understanding playing styles and techniques
- Formation changes
- Game time correlates to performance
- Mentality shift



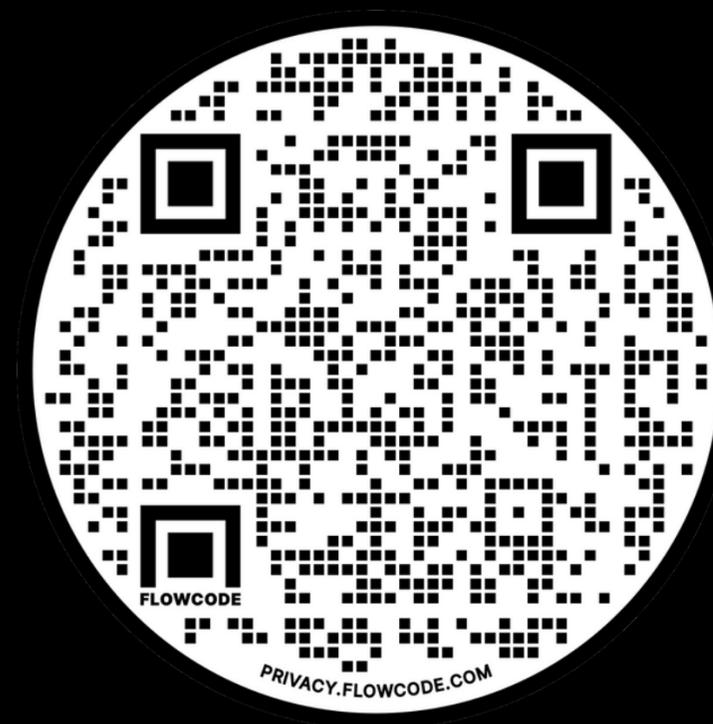
DEVELOPMENT PATHWAY

- Mini Monsters starts from age 4 years. These sessions are run by The Chelsea Football Foundation and help establish the fundamentals of the game, and group the children into development teams when moving into U7s.
- Development Football continues through from U7 - U11.
- Competitive football begins at U12 and moves through to U18.
- Opportunities to trial for select teams from U12 - U16. These teams are run by professional coaches and play in a stronger more competitive league, The Surrey Youth League.





U 7 & U 8 COACHES HANDBOOK



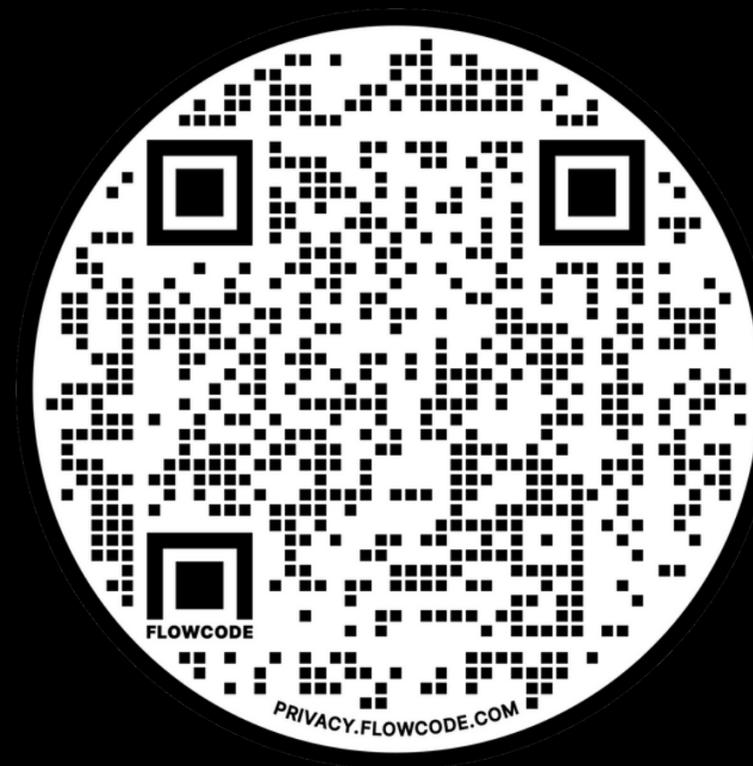
FOUNDATION PHASE
U7 & U8

5 a side

DOWNLOAD YOUR COACHES HANDBOOK



U 9 & U 10 COACHES HANDBOOK



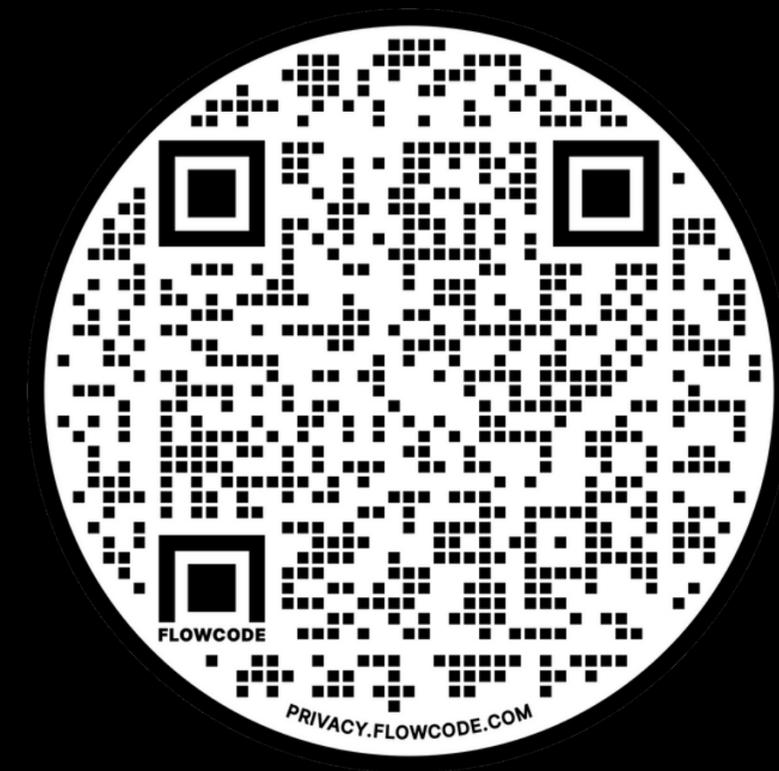
FOUNDATION PHASE
U9 & U10

7 a side

DOWNLOAD YOUR COACHES HANDBOOK
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U 1 1 C O A C H E S H A N D B O O K



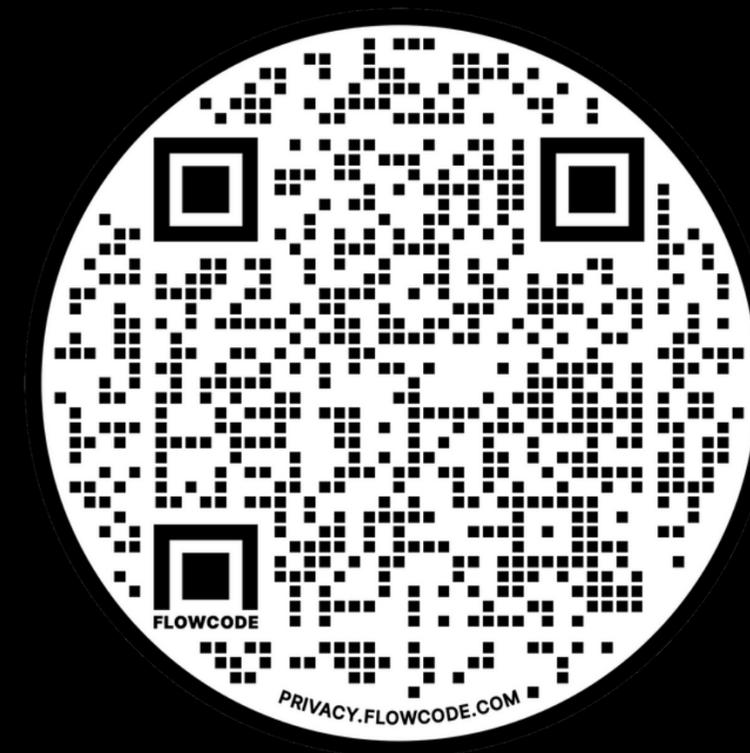
FOUNDATION PHASE
U11

9 a side

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U 1 2 C O A C H E S H A N D B O O K



YOUTH DEVELOPMENT
PHASE

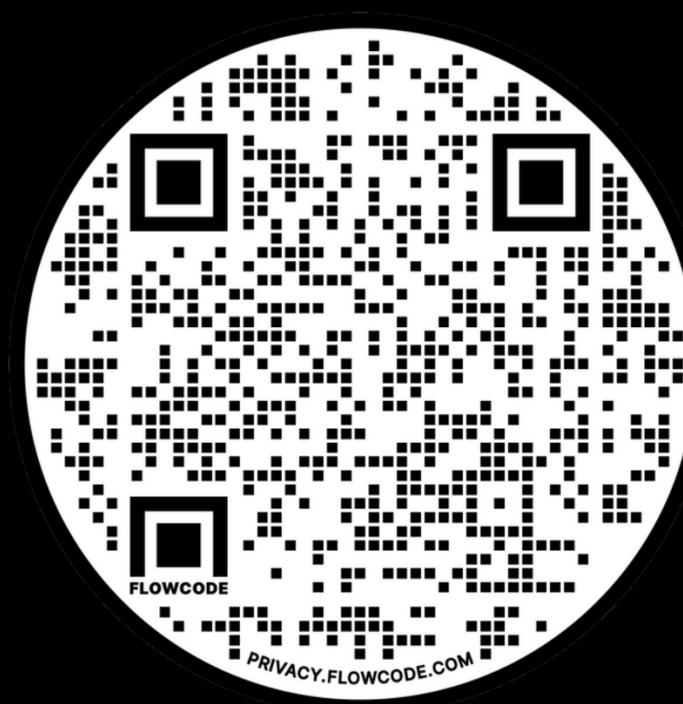
U12

9 a side

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U 1 3 - U 1 8 C O A C H E S H A N D B O O K

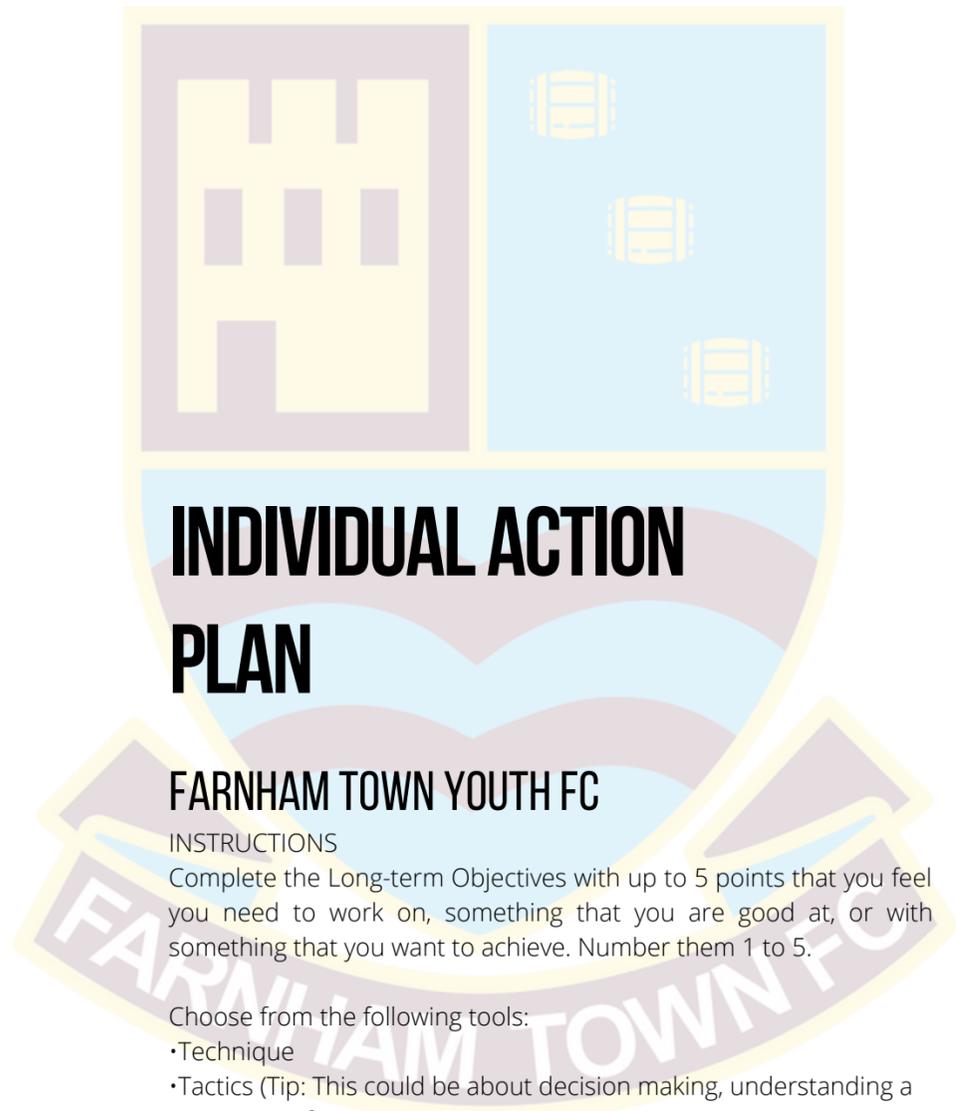


YOUTH DEVELOPMENT
PHASE

U13 - U18

11 a side

DOWNLOAD YOUR COACHES HANDBOOK
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INDIVIDUAL ACTION PLAN

FARNHAM TOWN YOUTH FC

INSTRUCTIONS

Complete the Long-term Objectives with up to 5 points that you feel you need to work on, something that you are good at, or with something that you want to achieve. Number them 1 to 5.

Choose from the following tools:

- Technique
- Tactics (Tip: This could be about decision making, understanding a position or formation)
- Athleticism (Tip: Choose an area of athleticism, such as speed, agility, endurance, etc. Can you relate this to a technique or tactical situation?)
- Physicality (Tip: How you apply your athleticism on the pitch. Do you make enough tackles? Do you work hard on the pitch?)
- Psycho-Social (Tip: This can include dealing with failure, supporting Team-mates, showing enthusiasm, positivity)
- Lifestyle (This could be in education, or any extra-curricular activities. E.G: Achieve a B in Maths, achieve a black belt in karate)

Next, complete the Strategy section.
Think about where, when and how you can work on your IAPs.

PLAYER NAME -

PLEASE STATE BELOW YOUR MAIN AREA OF STRENGTH -

PLEASE STATE BELOW YOUR MAIN AREA OF DEVELOPMENT -

LONG TERM OBJECTIVES -

- 1.
- 2.
- 3.
- 4.
- 5.

STRATEGY -

- 1.
- 2.
- 3.
- 4.
- 5.



PLAYING AND CONTACT HOURS

Complete the timetable below with the number of each point to show when you will work on your IAPs.

SESSION TYPE	HOURS	MON	TUES	WED	THURS	FRI	SAT	SUN
INFORMAL EG. DOWN THE PARK								
SCHOOL TRAINING								
SCHOOL MATCHES								
FUFC TRAINING								
FUFC MATCHES								
INDIVIDUAL PRACTICE EG. IN THE GARDEN								
STRENGTH & CONDITIONING EG. GYM								

U13 IAP EXAMPLE

OUTCOME

WHAT PARENTS AND PLAYERS SAID.